

Plan, Start, Sustain, Cope, Monitor: Executive Functioning in School

Facilitated by: Aaron Lanou, MEd

Dates: April 23, 2025 9:00 AM-3:00 PM

Virtual Professional Learning

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DESCRIPTION

Do you have a student whose backpack is exploding? Do kids in your room have a hard time finding their pencil, getting started on work, staying focused, or finishing? Executive Functioning (EF) is a set of skills that help us work towards completing a goal. Students with a range of needs and different diagnoses often have EF challenges. In inclusive classrooms, EF supports can help these capable kids learn and feel successful. In this interactive workshop, participants will discover the 11 Executive Functioning skills and how they help students get things done—well, on time, and completely. We'll also explore and create strategies that are designed to help “stuck students” get organized and achieve their goals in school.

OUTCOMES

1. Define executive functioning and explain how it impacts students' success in school
2. Describe the 11 executive functioning skills and how they help students get things done—well, on time, and completely
3. Complete student executive functioning skill profiles, identifying relative strengths and needs, and compare and contrast with skill adult profiles
4. Explore and create strategies that can help students struggling with executive functioning challenges, including low to high tech assistive technology
5. Develop class-wide strategies to benefit all students who may be stuck or disorganized

ABOUT THE PRESENTER

Aaron Lanou (he/him) is an educational consultant supporting schools and organizations to reach all kids with inclusive, strengths-based practices. Through the lens of Universal Design for Learning, Aaron coaches educators to support autistic students and all kids with a variety of academic, executive functioning, and social support needs. A member of Carol Gray's Team Social Stories, Aaron also provides Social Stories workshops and collaborates with Carol and the team to continually update and refine the Social Stories philosophy and approach. Aaron was previously a special education teacher in the New York City Public Schools, adjunct faculty at Hunter College and New York University, and Executive Director of the Nest Program at NYU, leading the nation's largest inclusion program for autistic students.



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Questions? Email Samantha Conklin at sconklin@ucpnet.org

Registration fee: No Cost as this training is sponsored through a grant from the Illinois State Board of Education.



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